

BMJ Clinical Evidence



User guide

www.clinicalevidence.com

Contents

Introduction	2
Finding evidence	3
By section	
By listing	
By searching	
Navigating around a review	5
Reading the full text	6
Additional resources	7
Tools	
Links	
Drug information	
EBM Training	
News and alerts	8
RSS updates	
Email alerts	
News	
Drug safety alerts	

Fast Effective Up-to-date

BMJ Clinical Evidence

Helping you make better treatment decisions for your patients

BMJ Clinical Evidence is the international source of the best available evidence for effective healthcare. We support the clinical decision making of hundreds of thousands of clinicians around the world by providing access to the latest medical evidence, continually updated, to help make treatment decisions.

Our panel of experts and specialist writers rigorously check and then summarize the most relevant evidence in a quick and easy to find format. Our reviews concentrate on summarizing the evidence in relation to common clinical problems, to ensure that we provide solutions that are relevant to your patients.

The development and improvement of *BMJ Clinical Evidence* is a constant process. Based on extensive customer feedback we have continued to develop *BMJ Clinical Evidence* so that it remains at the forefront of evidence based resources for clinical decisions.

Below are just some of the key features that you will discover:

- Systematic reviews covering over 3,000 clinical interventions
- 570 clinical questions answered
- Enhanced user interface
- Simple navigation
- Breaking research
- Drug safety alerts
- Links to key practice guidelines
- Single page summaries providing an instant overview

All of this is within a single, evidence based resource.

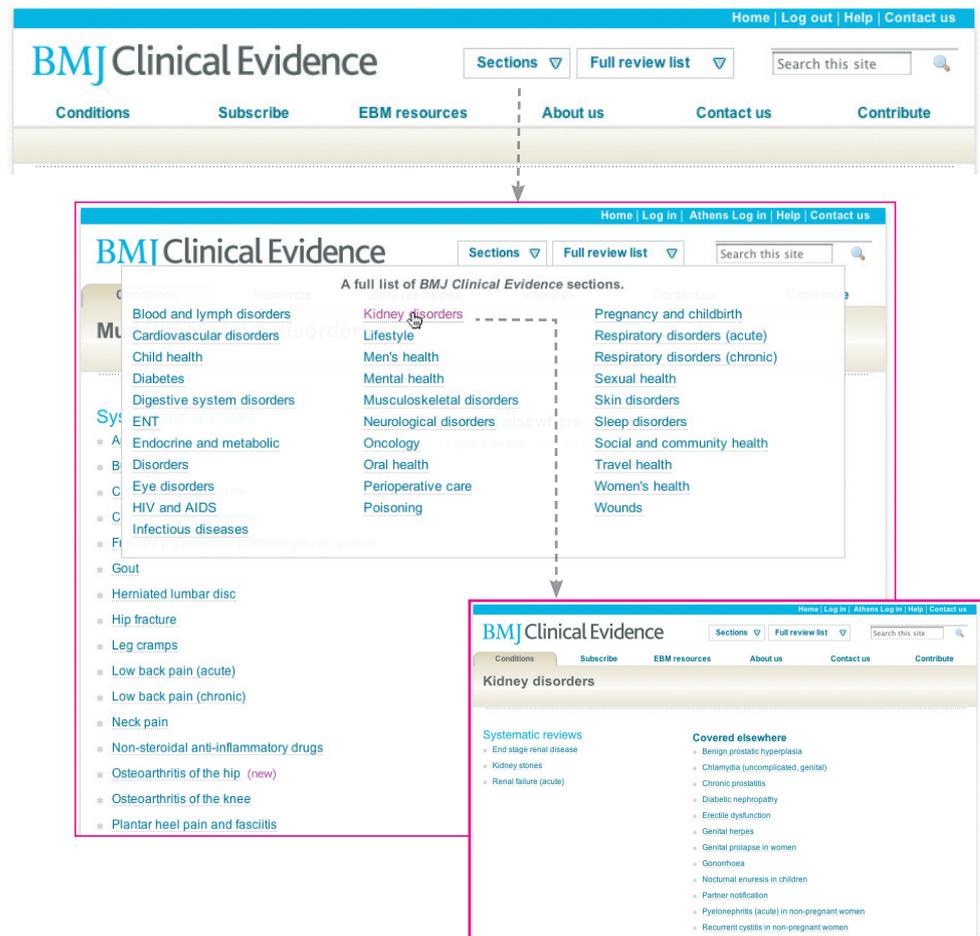
This user guide introduces you to the essential features of *BMJ Clinical Evidence*, and will help you get the most out of them.

Finding evidence

There are three ways to find the evidence you need: browse by section, browse the full review list, or use the search tool.

FINDING BY SECTION

Click on the 'Sections' heading and an alphabetical pop-up list of sections will appear. When you choose a section a new window appears showing the systematic reviews available.



FINDING BY LISTING

Click on the 'Full review list' heading and an alphabetical pop-up list of reviews will appear. By clicking on the alphabet bar at the top of this window you can easily access the available evidence.

The screenshot shows the BMJ Clinical Evidence website interface. At the top, there are navigation links: Home, Log out, Help, and Contact us. Below this is the main header with the site name and a search bar. A secondary navigation bar contains links for Conditions, Subscribe, EBM resources, About us, Contact us, and Contribute. A dropdown menu labeled 'Full review list' is open, displaying an alphabetical index from A to Z. A dashed arrow points from the 'Full review list' link in the top navigation bar to the dropdown menu. The dropdown menu is divided into three columns: A, B, and C. Each column lists various medical conditions and procedures, such as 'Absence seizures in children', 'Acne vulgaris', 'Acute cholecystitis', etc. At the bottom of the dropdown, there are some featured articles or updates.

FINDING BY SEARCHING

This facility is particularly valuable when searching for a treatment or condition that may appear in several different reviews e.g. Corticosteroids. Results are returned in listings that show a snippet of text with your search term highlighted so you can gauge the context. Results are ranked by relevance with a clear pathway that identifies where the results are located.

The screenshot shows the BMJ Clinical Evidence website interface with a search bar containing the word 'glaucoma'. Below the search bar, the results are displayed. The first result is titled 'Glaucoma' and includes a snippet of text: 'for established primary open angle glaucoma, ocular... (in people with primary open angle glaucoma or ocular... glaucoma? Lowering intraocular pressure Medical Eye disorders > Glaucoma > Interventions)'. The second result is titled 'Concomitant cataract (phaco or manual extracapsular extraction) and glaucoma surgery' and includes a snippet: 'related cataracts in people with glaucoma? Age related cataract in people with glaucoma Three RCTs... extracapsular extraction) and glaucoma surgery reduced Eye disorders > Cataract'. The third result is titled 'Cataract surgery (phaco or manual extracapsular extraction) plus non-concomitant glaucoma surgery' and includes a snippet: 'related cataracts in people with glaucoma? Age related cataract in people with glaucoma One... surgery plus non-concomitant glaucoma surgery Eye disorders > Cataract'. A pagination bar shows '1 · 2 next >>'. The search bar at the top of the dropdown menu is highlighted with a dashed arrow pointing to the search bar in the main website interface.

Navigating around a review

Once you have located the review that interests you, *BMJ Clinical Evidence* presents the information with a tabbed sub-menu. This evidence has been selected by systematic and rigorous searching to answer clinical questions while focusing on outcomes that matter most to patients and clinicians. Each treatment or intervention is then categorized according to its benefits and harms.

The core evidence is supplemented by links, references, and additional information.

The screenshot shows the BMJ Clinical Evidence interface for a review on 'Kidney stones'. The page features a navigation menu with tabs for 'Interventions', 'Key points', 'About this condition', 'Updates', 'Guidelines (6)', 'References', and 'Your responses'. A callout box titled 'INTERVENTIONS' points to the 'Interventions' tab, describing it as a summary of interventions ranked by effectiveness. Another callout, 'ABOUT THIS CONDITION', points to the 'About this condition' tab, describing it as background information. A third callout, 'GUIDELINES', points to the 'Guidelines (6)' tab, describing it as links to major guidelines. Below the navigation menu, there is a section for 'Key points' with a callout 'KEY POINTS' describing it as a one-page summary. The 'Updates' section has a callout 'UPDATES' describing it as material published since the review search date. The 'Print page' and 'Print review' options are highlighted with a callout 'PRINT OPTIONS' describing them as ways to print or download the review in PDF format. A 'Respond to this review' box is also visible on the right side of the page.

INTERVENTIONS
A summary of interventions ranked by their effectiveness

ABOUT THIS CONDITION
Background information about the condition

GUIDELINES
Links to major guidelines relevant to the review

KEY POINTS
A one page summary of the review

UPDATES
Material published since the review search date

PRINT OPTIONS
Print the page or download a multi-page review in PDF format

Reading the full text

Interventions for each condition are summarized in a table. They are categorised by effectiveness, with icons for easy reference (see below).

OTHER TABS
See previous page.

The screenshot shows a clinical evidence page for 'Kidney stones'. At the top, there are tabs for 'Interventions', 'Key points', 'About this condition', 'Updates', 'Guidelines (6)', 'References', and 'Your responses'. The 'Interventions' tab is highlighted with a red dashed circle. Below the tabs, there is a message: 'You may prefer to read the key points to this review.' To the right, there are links for 'Print page' and 'Print review'. Below this, there is a box titled 'Respond to this review' with the text: 'Remember you have the opportunity to respond to this review if you have any comments, or feel there is anything we have not covered.'

The main content is organized into three sections:

- Asymptomatic stones**:
 - Unknown effectiveness:
 - Extracorporeal shockwave lithotripsy (ESWL) in people with asymptomatic renal or ureteric stones
 - Percutaneous nephrolithotomy (PCNL) in people with asymptomatic renal or ureteric stones
 - Ureteroscopy in people with asymptomatic renal or ureteric stones
- Symptomatic renal stones**:
 - Likely to be beneficial:
 - Extracorporeal shockwave lithotripsy (ESWL) in people with renal stones less than 20 mm
 - Percutaneous nephrolithotomy (PCNL) in people with renal stones
 - Unknown effectiveness:
 - Open nephrolithotomy in people with renal stones
 - Ureteroscopy in people with renal stones
- Symptomatic ureteric stones**:
 - Likely to be beneficial:
 - Extracorporeal shockwave lithotripsy (ESWL) in people with mid- and distal ureteric stones

ICONS

Characterise the benefits/harms associated with an intervention

DETAIL

Click the description to access a summary of the intervention, the benefits and harms, and a commentary

Key to icons

	Beneficial		Unlikely to be beneficial
	Likely to be beneficial		Unknown effectiveness
	Trade-off between benefits and harms		Likely to be ineffective or harmful

Additional resources

BMJ Clinical Evidence offers a variety of other resources to help keep you up-to-date and to help you practice evidence based medicine (EBM).



The screenshot shows the BMJ Clinical Evidence website interface. At the top, there is a navigation bar with links for Home, Log in, Athens Log in, Help, and Contact us. Below this is the main header with the site title and a search bar. A secondary navigation bar includes links for Conditions, Subscribe, EBM resources (highlighted), About us, Contact us, and Contribute. The 'EBM resources' section is expanded to show four sub-links: EBM tools, EBM links, Drug information, and EBM training. Dashed lines from these sub-links point to detailed descriptions of each resource below the screenshot.

EBM TOOLS
These tools explain some of the statistical and clinical terms used in *BMJ Clinical Evidence* and introduce the concept of assessing and measuring risk when making clinical decisions.

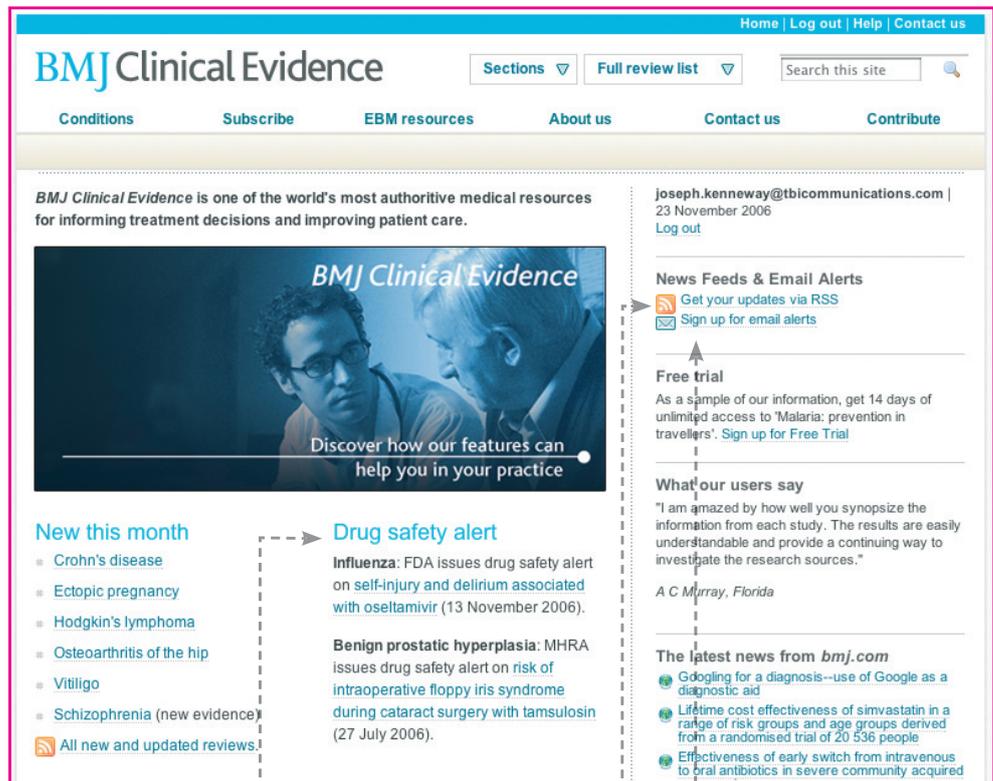
EBM LINKS
Carefully selected links to other evidence based materials, publications, and organizations

DRUG INFORMATION
Links to international sources of high-quality drug information

EBM TRAINING
Free training modules on statistics and diagnostic tests

News and alerts

BMJ Clinical Evidence helps you monitor what is happening in the sphere of evidence based medicine, and beyond, with a variety of tools that alert you to new content, findings, and news.



DRUG SAFETY ALERTS

The latest findings on drug safety feature prominently on the home page

RSS UPDATES

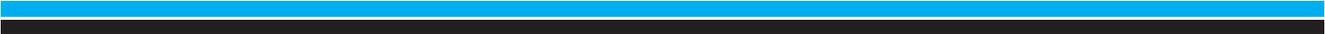
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EMAIL ALERTS

Receive notification when new reviews or updates are added to *BMJ Clinical Evidence*

NEWS

The latest EBM related news



BMJ Clinical Evidence

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