

## عنوان

### The first cases of 2019-nCoV in 10 countries: How were they infected?

Leila Sadeghmoghadam, Department of Nursing, School of Nursing, Social Development and health Promotion Research Center

#### بحث و نتیجه گیری

In conclusion, no consistent set of symptoms was found. However, flu-like symptoms were found to be predictors of new cases. The lack of typical pneumonia is not a reason for postponing chest X-ray or CT scan as there were cases who were diagnosed only because of the early chest CT scans that showed early stages of

#### منابع

1. Rothan HA, Byraredy SN. The epidemiology and pathogenesis of coronavirus disease (COVID-19) outbreak. Journal of Autoimmunity. 2020:102433.

#### نتایج

The results of this review suggested that timely reports of the confirmed cases, notifying World Health Organization and providing information to the general population about the methods of spreading the virus would have decreased the number of infected cases and mortality rates. In addition, the travel history of the first confirmed cases in various countries suggested that prompt actions in restricting travels and closing borders could be an efficient strategy in preventing the transmission of the disease outside of the affected sites

#### مقدمه

Recently, a new respiratory infectious disease called COVID-19 has emerged and created a global emergency. To achieve this goal obtaining information about how first cases infected with COVID-19 is crucial. Hence, this study aims to review the studies published

#### روش پژوهشی

Hence, this study aims to review the studies published in peer-reviewed journals to report the first confirmed cases with COVID-19. Herein, we review the origin, symptoms, diagnostic tests, and progress of the disease and possible actions of authorities which would be

